

Take a New Grip

Part 2 The Joy Of The Lord

August 9, 2026

Hebrews 12:12–13 (NLT) ¹²So take a new grip with your tired hands and strengthen your weak knees.
¹³Mark out a straight path for your feet so that those who are weak and lame will not fall but become strong.

The Joy Of The Lord

Philippians 4:4 (NIV) ⁴Rejoice in the Lord always. I will say it again: Rejoice!

√ Joy _____ me.

Nehemiah 8:10 (NIV) Do not grieve, for the joy of the LORD is your strength.”

√ Joy _____ me.

Proverbs 17:22 (ESV) ²²A joyful heart is good medicine, but a crushed spirit dries up the bones.

√ Joy _____ me.

Proverbs 15:13 (NASB) A joyful heart makes a cheerful face...

√ The Joy of the Lord can never be _____.

John 16:22 (NIV) Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy.

√ The Joy of the Lord is based on _____ not my _____.

2 Corinthians 6:10 (NIV) ¹⁰sorrowful, yet always rejoicing; poor, yet making many rich; having nothing, and yet possessing everything.

Get Your Joy Back!

1. _____ over everything.

John 16:24 (TLB) ²⁴You haven’t tried this before, but begin now. Ask, using my name, and you will receive, and your cup of joy will overflow.

1 Peter 5:7 (NIV) ⁷Cast all your anxiety on him because he cares for you.

1. _____ regardless of circumstances.

though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, ¹⁸yet I will rejoice in the LORD, I will be joyful in God my Savior. ¹⁹The Sovereign LORD is my strength; he makes my feet like the feet of a deer, he enables me to tread on the heights. For the director of music. On my stringed instruments.

Isaiah 54:1 (NIV) Sing, O barren woman, you who never bore a child; burst into song, shout for joy, you who were never in labor; because more are the children of the desolate woman than of her who has a husband.

2. _____ for the breakthrough

Isaiah 54:2–4 (NIV) ²“Enlarge the place of your tent, stretch your tent curtains wide, do not hold back; lengthen your cords, strengthen your stakes. ³For you will spread out to the right and to the left; your descendants will dispossess nations and settle in their desolate cities. ⁴“Do not be afraid; you will not be put to shame. Do not fear disgrace; you will not be humiliated.

3. _____ in God’s mission.

John 15:8,11 (NKJV) ⁸By this My Father is glorified, that you bear much fruit; so you will be My disciples.¹¹“These things I have spoken to you, that My joy may remain in you, and that your joy may be full.

4. _____ all my _____ in God.

Proverbs 16:20 (NLT) Those who trust the LORD will be joyful. and wait expectantly.

What did I hear God say to me today? _____

What will I do with what I heard today? _____

Who will I share what I heard today with? _____