

Great Grace
June 28, 2026
Part 3 Resting In Grace

Acts 4:33 (NKJV)³³And with great power the apostles gave witness to the resurrection of the Lord Jesus. And great grace was upon them all.

Rhythms of Grace

Matthew 11:28–30 (MSG) ²⁸“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. ²⁹Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. ³⁰Keep company with me and you’ll learn to live freely and lightly.”

Isaiah 30:15–18 (NIV) ¹⁵This is what the Sovereign LORD, the Holy One of Israel, says: “In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it. ¹⁶You said, ‘No, we will flee on horses.’ Therefore you will flee! You said, ‘We will ride off on swift horses.’ Therefore your pursuers will be swift! ¹⁷A thousand will flee at the threat of one; at the threat of five you will all flee away, till you are left like a flagstaff on a mountaintop, like a banner on a hill.” ¹⁸Yet the LORD longs to be gracious to you; therefore he will rise up to show you compassion. For the LORD is a God of justice. Blessed are all who wait for him!

1. Don’t _____ His call to _____.

Luke 21:34 (NIV) ³⁴“Be careful, or your hearts will be weighed down with dissipation, drunkenness and the anxieties of life, and that day will close on you suddenly like a trap.

2. Step into the _____.

Romans 1:17 (NKJV) “The just shall live by faith.”

Philippians 4:6–7 (NIV) ⁶Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Faith people are _____ people.

3. Ask God for _____.

Isaiah 30:19 (MSG) Oh yes, people of Zion, citizens of Jerusalem, your time of tears is over. Cry for help and you’ll find it’s grace and more grace. The moment he hears, he’ll answer.

Rhythms of Rest

1. Spend time with God _____.

¹Chronicles 16:11 (NIV) ¹¹Look to the LORD and his strength; seek his face always.

2. Withdraw _____.

Exodus 31:16-17 (NIV) Observe the Sabbath, celebrating it for the generations to come as a lasting covenant. ¹⁷It will be a sign between me and the Israelites forever, for in six days the LORD made the heavens and the earth, and on the seventh day he rested and was refreshed.’ ”

Not working for wages.

Not competing for rewards.

Making time to relax and do nothing.

Reading and studying spiritual materials.

Playing with the family.

Taking leisurely strolls and talking with each other.

Enjoying meals with friends and family.

Attending religious services.

Praying and meditating.

Quality time with your spouse.

3. Pause _____.

Mark 6:31 (TLB) Then Jesus suggested, “Let’s get away from the crowds for a while and rest.” For so many people were coming and going that they scarcely had time to eat.

Rest your _____.

Recharge your _____.

Refocus your _____.

What did I hear God say to me today? _____

What will I do with what I heard today? _____

Who will I share what I heard today with? _____